



## 6. International Congress of Sports Medicine Maribor 20.-21. October 2017

### Programme

#### Friday, 20. okt.

7:30 – 8:10		Registration for medical doctors, physiotherapists, trainers...
8:10 – 8:30		Registration for students
8:30 – 8:35	Bogdan Gabrovec	Introductory speech
8:35 – 8:40	Radenko Mijatović	Introductory speech
8:40 – 8:45	Mestna Občina Maribor	Introductory speech
8:45 – 8:50	Prof. Ivan Krajnc, MD., PhD	Introductory speech
8:50 – 8:55	Prof. Vojko Flis, MD., PhD	Introductory speech
8:55 – 9:00	Assoc. Prof. Vogrin, MD., PhD	Introductory speech
9:00 – 9:15	Assoc. Prof. Vogrin, MD., PhD	New horizons in sports medicine
9:15 – 9:35	Vouillamoz	
9:35 – 9:50	Rodas, MD., PhD	How to organize medical service in elite football club- FC Barcelona experience
9:50 – 10:10	Goedhart	A different perspective on Football Medicine and injury prevention; an orange example
10:10 – 10:25	Prof. Franič, MD., PhD	Injury mechanisms in young athletes
10:25 - 10:40	<b>DISCUSSION</b>	
10:40 – 11:10	<b>BREAK</b>	
11:10 – 11:25	Rodas, MD., PhD	Intramuscular tendon injuries
11:25 – 11:40	Perez, MD.	Use of PRP in Footballers and other Elite Athletes
11:40 – 11:55	Marotta, MD., PhD	PRP, exercise and stem cells for therapy in muscle injuries in rat model
11:55 – 12:10	Prof. Pišot, PhD	The development of sport injury model for effective prevention and rehabilitation
12:10 – 12:25	Assoc. Prof. Šimunič, PhD	Developmental trends in skeletal muscle contractile properties of children and young athletes
12:25 – 12:40	<b>DISCUSSION</b>	
12:40 – 14:00	<b>LUNCH BREAK</b>	



13:10 – 14:00

**WORKSHOPS**

1. Sašo Djurić, MD. Ankle injuries prevention on Speed Board – Morten Seier Larsen
2. Assist. Prof. Lovro Žiberna What should a doctor know about doping when treating young athlete?
3. Jens Lundgren Shock wave therapy for sports medicine indications, a multimodal approach
4. Khalid Nasif Rehabilitation after ACL reconstruction in top athlete
5. Alex Ballyn Indiba Proionic – Scientific based radiofrequency to accelerate process of recovery at rehabilitation in sport

14:00 – 14:20

Kozjek Rotovnik, MD., PhD

Links between (sports) diet and injuries in young athletes

14:20 – 14:35

Žan Zupančič

Nutritional supplements, their place in the treatment of injuries

14:35 – 14:50

Eva Peklaj

Nutritional evaluation of a young injured athlete

14:50 – 15:05

Assist. Prof. Petra Zupet, MD., PhD

The importance of iron deficiency in young athletes

15:05 – 15:20

**DISCUSSION**

15:20 – 15:40

Assist. Prof. Lovro Žiberna

Doping and prohibited substances in sports

15:40 – 15:55

Gorazd Plevnik, MD.

Cardiovascular adverse effects of doping

15:55 – 16:15

Prof. Borut Štrukelj, MSc. Pharm

Doping and risk of cancer

16:15 – 16:30

Tadej Jug

Clinical signs of potential doping use: Hints for primary care physicians

16:30 – 16:45

Janko Dvoršak

The preventive approaches in fight against doping: The role of medical doctors

16:45 – 17:00

**DISCUSSION**

17:00 – 17:30

**BREAK**

17:30 – 18:20

**WORKSHOPS**

1. Kozjek Rotovnik, MD., PhD Monitoring young athletes during the rehabilitation (nutritional aspect)
2. Jens Lundgren Shock wave therapy for sports medicine indications, a multimodal approach
3. Samo Mikl Medical Flossing
4. Khalid Nasif Rehabilitation after ACL reconstruction in top athlete

19:00

**DINNER**

## Saturday, 21. okt.

8:30 – 9:20

### WORKSHOPS

1. Miloš Kalc in Sergej Rozman  
TMG – novel tool for defining muscle characteristics
2. Robi Kelc, MD., PhD  
UTC – novel tool for tendon diagnostic
3. Alex Ballyn  
Indiba Proionic – Scientific based radiofrequency to accelerate process of recovery and rehabilitation in sport
4. Samo Mikl  
Medical Flossing

9:30 – 9:45

Forssblad, MD. PhD

ACL injuries in children and adolescents, operative and non-operative treatment, return-to-sport and risk for re-injuries

9:45 – 9:50

Assoc. Prof. Vogrin, MD., PhD

Clinical experiences in young athletes after ACL injuries

9:50 – 10:05

Ahlhorn

Medical Flossing: an innovativ therapy tool

10:05 – 10:20

Assist. Krajnc, MD., PhD

Varus knee of football players

10:20 – 10:35

Bajec, MD.

Biomechanics and clinical aspects of shoulder in overhead athletes

10:35 – 10:50

Kelc, MD., PhD

Anterolateral knee ligament - truly a separate structure and the one that needs reconstruction?

10:50 – 11:05

Djurić, MD.

Ankle injuries and prevention

11:05 – 11:20

Kuhta, MD.

Treatment of osteochondral injuries of the knee

11:20 – 11:35

Merc, MD, PhD

Pain in calcaneal region, ethiology and current concepts of treatment

11:35 – 11:50

Bernhardt, MD.

Eligibility and Disqualification Recommendations for Competitive Athletes With Cardiovascular Abnormalities: An easy or difficult task for a sport clinician?

11:50 – 12:00

Mikl

Treatment of midportion achilles tendinopathy

12:00 – 12:15

Kalc

Criteria to return to sport after ACL reconstruction

12:15 – 12:30

Nasif

Rehabilitation after ACL reconstruction in top athletes

12:30 – 12:45

Bornšek

Prevention of hamstring injury from a physiotherapeutic perspective

12:45 – 13:00

Muhič

The role of motoric experience environment in motoric development of children

13:00 – 13:15

Vlahovič

Hand and forearm tendinopathies in young athletes - diagnostics and treatment

